



Thermographic Diagnostic Imaging

PHILIP GETSON, DO • BOARD CERTIFIED THERMOLOGIST

100 BRICK ROAD • SUITE 206 • MARLTON, NJ 08503

PHONE: (856) 596-5834 • FAX: (609) 268-5763

## WHAT TO DO BEFORE YOUR SCAN: PAIN

### PATIENT INFORMATION:

#### PURPOSE OF TEST:

To help determine the physiological response to pain and assist in determining its etiology

#### PATIENT PREPARATION:

Please read the attached information carefully. Complete all paperwork prior to your arrival. Please print legibly. All information is confidential and is used by the physician to evaluate your thermal images.

No yoga, massage, sauna or strenuous exercise for at least 3 hours before your scheduled appointment. Avoid excessively hot or cold liquids one half hour before exam.

Avoid smoking for 2 hours before the exam.

Avoid using lotions or powders on the day of exam and avoid application of deodorant if possible.

Avoid shaving on day of exam to avoid skin abrasion.

Avoid sun exposure for extended periods of time 2 days before and on day of exam.

Please provide a list of medications and supplements either prior to or on the day of exam.

Notify the technician if you are taking Beta Blockers as a medication.

You will need to disrobe and acclimate to room temperature for 10 minutes prior to your scan.

The procedure will take approximately 20 minutes. Men should wear or bring a athletic supporter or bikini briefs; women, bikini briefs or thong. Imaging the buttocks is necessary for a comprehensive study.

If you are disabled or unable to sit or stand for approximately 20 minutes, notify the scheduling technician. Complete testing requires your cooperation to image all areas affected. Nerve pathways travel from your back to all limbs.

A "stress test" may be included in your procedure. This usually makes your problem more visible to the interpreting physician. This can include chilling or heating the hands or feet or motion of the affected region of pain. The procedure required is based on your presenting problem.

#### TEST RESULTS:

Once you scan is complete it will take approximately 2 weeks before your results will be available. When you receive the images and report please call to schedule a phone conference to discuss findings.

Infrared imaging increases the chance of detecting nerve, vascular and/or muscular problems. Like all procedures it is not a 100% guarantee of detection. Ask your health care provider for additional information.

Patient Signature \_\_\_\_\_ Date: \_\_\_\_\_ Tech Initial: \_\_\_\_\_

Date: \_\_\_\_\_



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NEUROMUSCULAR QUESTIONNAIRE

Name: \_\_\_\_\_ D.O.B: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ EMail \_\_\_\_\_

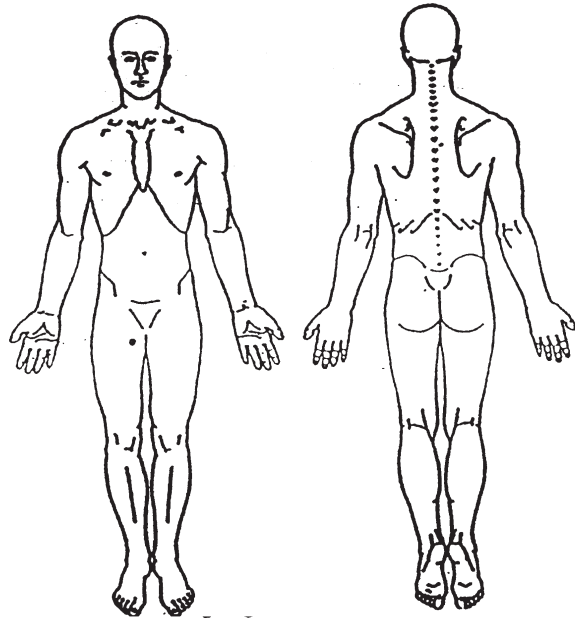
MEDICATIONS AND SUPPLEMENTS: List all you are taking: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

RELEVANT HISTORY OF PROBLEM:

Designate findings with letter:

- Burning    A
- Stinging    B
- Sharp    C
- Ache    D
- Tingling    E
- Tender    F
- Dull    G



None of above

Room Temp \_\_\_\_\_

NOTES: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Patient's Name \_\_\_\_\_

Technician Initial \_\_\_\_\_

Signed \_\_\_\_\_ Date \_\_\_\_\_

Date \_\_\_\_\_



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### NEUROMUSCULAR QUESTIONNAIRE

Other Exams:

EMG: Yes \_\_\_ No \_\_\_ Date \_\_\_\_\_ Results \_\_\_\_\_

Myelogram: Yes \_\_\_ No \_\_\_ Date \_\_\_\_\_ Results \_\_\_\_\_

CAT scan: Yes \_\_\_ No \_\_\_ Date \_\_\_\_\_ Results \_\_\_\_\_

MRI: Yes \_\_\_ No \_\_\_ Date \_\_\_\_\_ Results \_\_\_\_\_

### PATIENT DISCLAIMER

I acknowledge that I have included all information to the best of my knowledge and consent to the examination.

Patient's Name: \_\_\_\_\_

Technician Initial: \_\_\_\_\_

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Date: \_\_\_\_\_



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### Release for Testing Procedure

Infrared imaging is a non-contact, non-invasive test that demonstrates physiological patterns of your body. It is not a stand-alone diagnostic test. The information provided by your thermal scan is combined with your history to enable your health care provider to plan an approach to your care.

A licensed medical practitioner is the only qualified person to formulate a diagnosis. He or she must combine thermographic studies with your additional clinical and testing information to determine your problem. Infrared scans provide evidence of thermal asymmetry. An asymmetry may be indicative of a vascular, neurological, muscular or other physiological problem.

I have read the above information and I understand that I am not receiving a diagnosis of any condition based solely on my thermal scan. I understand that a thermal scan is non-invasive and is reading the thermal patterns on the surface of my body. From this information a qualified practitioner will interpret any thermal abnormality displayed.

I am aware that my insurance provider may not reimburse me for the cost of this test. I understand that I am required to pay for this exam at the time of testing.

Print and sign your legal name:

\_\_\_\_\_  
\_\_\_\_\_

Date: \_\_\_\_\_

Signature of scanning technician: \_\_\_\_\_

Date: \_\_\_\_\_

#### RECORD RELEASE

I (signature) \_\_\_\_\_ authorize TDI to release information regarding my scans or to send copies of my scans to the following physicians: (You must provide doctors' names, addresses and phone numbers. )

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_